

# Academic Success Coaching



...is a **conversation**



...is for **everybody**



...sessions can involve **anything that influences your university life**



...looks at where you are at now and **where you'd like to get to**



...uncovers **actions and steps** for you to take



...**highlights your strengths** so you can make the most of them



...recognises that **you know best** what works for you



**MTU**

Ollscoil Teicneolaíochta na Mumhan  
Munster Technological University



Your university.  
Your life. Your coaching.